



A further two people have died with COVID-19 in the UK and there have been 1,770 more cases reported. It is the lowest number of COVID deaths recorded in daily figures since 6th September last year, and the fewest cases since 3rd September. 17,669,379 are now fully vaccinated, while 35,371,669 have had at least one shot. The government has said it will offer all adults a jab by the end of July, and in England anyone over 40 is now eligible.

A traffic light system that will categorise countries based on their COVID-19 risk levels is part of plans to safely restart foreign holidays. Under the prime minister's roadmap, foreign travel - apart from the limited current exemptions - will not be allowed any earlier than 17 May.



The green list in full:

Gibraltar, Israel, Portugal, Australia, New Zealand, Brunei, Iceland, Faroe Islands, Tristan da Cunha, St Helena, Ascension, Falkland Islands, Singapore, South Georgia, and South Sandwich Islands.

The lists can be amended at any time, but wholesale changes are not expected to occur until the situation is reviewed at a "checkpoint" on 28 June.

For a full list of holiday destinations and rules please click on the link below or type the link into your search bar.

<https://www.gov.uk/guidance/red-amber-and-green-list-rules-for-entering-england#amber-list>

Always check on the Government web site prior to flying to and from the UK. <https://www.gov.uk/travel-abroad>

Please wash your PPE as often as possible

Covid-19 Bulletin

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Measure	Green Country	Amber Country	Red Country
Passenger Locator Form	✓	✓	✓
Pre-departure test at destination	✓	✓	✓
Hotel quarantine	✗	✗	10 days
Self-isolation	✗	10 days	N/A
Test to release	N/A	On day 5	✗
PCR testing	On or before day 2 after return to the UK	On or before day 2 after return to the UK	On or before day 2 after return to the UK
Further PCR testing	✗	Day 8	Day 8

Source: Department for Transport



For further information and help please visit on the links below or contact your GP:

<https://www.gov.uk/coronavirus>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://fortel.co.uk/covid-19>

<https://www.mind.org.uk/>

<https://mhfaengland.org/>

<https://www.lighthouseclub.org/>



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Emergency Contact: Hardeep Sanghera 07792 909538

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