



VERY HIGH

HM Government

LOCAL COVID ALERT LEVEL

MEDIUM

HIGH

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<p>Social Contact</p> <p>Rule of six indoors and outdoors, in all settings.</p>	<p>Weddings and Funerals</p> <p>Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.</p>	<p>Overnight Stays</p> <p>Overnight stays permitted subject to social contact rules.</p>	<p>Working from home guidance</p> <p>Work from home where possible.</p>
<p>Shopping and Retail</p> <p>Open.</p>	<p>Leisure and gyms</p> <p>Open.</p>	<p>Hospitality</p> <p>Open with some restrictions including 10pm closing time and table-service only.</p>	<p>Entertainment and tourist attractions</p> <p>Open, except nightclubs and adult entertainment.</p>
<p>Education</p> <p>Schools, FE colleges open. Universities must reflect wider restrictions.</p>	<p>Healthcare Services</p> <p>Open.</p>	<p>Residential Care</p> <p>Open to external visitors with additional precautions, subject to individual care provider guidance.</p>	<p>Travel and Transport</p> <p>No travel restrictions within area. Avoid travel into Local COVID Alert Level Very High areas where possible.</p>
<p>Sporting Activity</p> <p>Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).</p>	<p>Worship</p> <p>Open, subject to social contact rules.</p>	<p>Childcare</p> <p>Registered and wraparound childcare open. Supervised activities permitted in private homes. Children's groups permitted.</p>	<p>Youth Clubs and Activities</p> <p>Permitted.</p>

There are three simple actions we must all do to keep on protecting each other:

Wash hands
keep washing your hands regularly

Cover face
wear a face covering in enclosed spaces

Make space
stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For more information and detailed guidance visit:
[gov.uk/coronavirus](https://www.gov.uk/coronavirus)

To find out the restrictions in your area click on or go to

<https://www.gov.uk/find-coronavirus-local-restrictions?priority-taxon=774cee22-d896-44c1-a611-e3109cce8eae>

Please wash your PPE as often as possible



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<p>Social Contact</p> <p>1 household / bubble indoors. Rule of six outdoors.</p>	<p>Weddings and Funerals</p> <p>Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.</p>	<p>Overnight Stays</p> <p>Overnight stays permitted subject to social contact rules.</p>	<p>Working from home guidance</p> <p>Work from home where possible.</p>
<p>Shopping and Retail</p> <p>Open.</p>	<p>Leisure and gyms</p> <p>Open.</p>	<p>Hospitality</p> <p>Open with some restrictions including 10pm closing time and table-service only.</p>	<p>Entertainment and tourist attractions</p> <p>Open, except nightclubs and adult entertainment.</p>
<p>Education</p> <p>Schools, FE colleges open. Universities must reflect wider restrictions.</p>	<p>Healthcare Services</p> <p>Open.</p>	<p>Residential Care</p> <p>Closed to external visitors other than in exceptional circumstances.</p>	<p>Travel and Transport</p> <p>May continue to travel to open venues, but reduce number of journeys where possible. Avoid travel into Local COVID Alert Level Very High areas where possible.</p>
<p>Sporting Activity</p> <p>Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).</p>	<p>Worship</p> <p>Open, subject to social contact rules.</p>	<p>Childcare</p> <p>Registered and wraparound childcare. Supervised activities permitted in private homes. Children's groups permitted. Childcare bubbles for under 14s.</p>	<p>Youth Clubs and Activities</p> <p>Permitted.</p>

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<p>Social Contact</p> <p>1 household / bubble in most locations, indoors and outdoors. Rule of six applies in some outdoors settings like parks, public gardens and sports courts.</p>	<p>Weddings and Funerals</p> <p>Up to 15 guests for weddings and up to 30 guests for funerals. 15 for wakes and related ceremonies. Wedding receptions not permitted.</p>	<p>Overnight Stays</p> <p>Those in area advised against overnight stays in other parts of UK. People outside area advised against overnight stays in area.</p>	<p>Working from home guidance</p> <p>Work from home where possible.</p>
<p>Shopping and Retail</p> <p>Open.</p>	<p>Leisure and gyms</p> <p>Any closures or additional restrictions subject to consultation.</p>	<p>Hospitality</p> <p>Pubs and bars must close except where they operate as a restaurant, meaning they can only serve alcohol with a substantial meal. Further closures subject to consultation.</p>	<p>Entertainment and tourist attractions</p> <p>Any closures / additional restrictions subject to consultation. Nightclubs and adult entertainment remain closed.</p>
<p>Education</p> <p>Schools, FE colleges open. Universities must reflect wider restrictions with option to move to greater online provision.</p>	<p>Healthcare Services</p> <p>Open.</p>	<p>Residential Care</p> <p>Closed to external visitors other than in exceptional circumstances.</p>	<p>Travel and Transport</p> <p>May continue to travel to open venues, but reduce number of journeys where possible. Avoid travel where possible in or out of the affected area with exceptions including work and school.</p>
<p>Sporting Activity</p> <p>Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).</p>	<p>Worship</p> <p>Open, subject to social contact rules.</p>	<p>Childcare</p> <p>Registered and wraparound childcare. Supervised activities permitted in private homes. Children's groups permitted. Childcare bubbles for under 14s.</p>	<p>Youth Clubs and Activities</p> <p>Permitted.</p>

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